

# John Craig Garrett

PhD, LPC-S, NCC

Professor of Counseling

Associate Dean, Division of Counseling

New Orleans Baptist Theological Seminary

3939 Gentilly Blvd., New Orleans, Louisiana 70126

(504) 282-4455 | cgarrett@nobts.edu

## CURRICULUM VITAE

### FACULTY EXPERIENCE

---

NEW ORLEANS BAPTIST THEOLOGICAL SEMINARY – New Orleans, LA

#### **Professor of Counseling**

August 2024 – Present

Tenured professor, CACREP CORE Faculty: MA in Counseling Specialization in Clinical Mental Health; MA/MDiv Specialization in Marriage, Couple, and Family Counseling; PhD in Counselor Education and Supervision.

#### **Associate Professor of Counseling**

August 2018 – July 2024

Tenure awarded August 2018.

#### **Assistant Professor of Counseling**

August 2013 – August 2018

Rank promotion and election to tenure-track counseling faculty by the NOBTS Board of Trustees.

#### **Instructor of Counseling**

April 2012 – August 2013

Elected to the full-time counseling faculty by the NOBTS Board of Trustees, April 2012.

#### **Adjunct Instructor**, Psychology and Counseling, Undergraduate and Graduate

Programs

August 2007 – April 2012

LAMAR UNIVERSITY – Beaumont, TX

#### **Graduate Adjunct Faculty**

Aug. 2004 – May 2006

Doctoral Seminars and Colloquia Taught

- Counselor Supervision: Theory and Practice
- Addictions in Counseling
- Essential Grief Ministry Skills (DMin workshop)
- Group Dynamics in Counseling
- Leadership and Advocacy in Counseling

- Psychological and Physiological Issues in Counseling

#### Graduate Courses Taught

- Clinical Mental Health Counseling
- Professional Issues in Counseling
- Psychopathology: Diagnosis and Treatment
- Counseling Theories and Treatment
- Ethical, Legal, and Professional Issues in Counseling
- Family Development
- Human Development
- Lifestyle Development & Career Counseling
- Pastoral Counseling / Counseling in Ministry
- Personality Development
- The Bible and the Professional Counselor
- Individual Counseling Theories & Techniques (Lamar Univ.)

#### Undergraduate Courses Taught

- Abnormal Psychology
- Adult Psychology
- Child Psychology
- Introduction to Psychology
- Marriage & Family Issues

#### Graduate Courses Developed or Redeveloped

- Counseling in Ministry
  - Developed this revised and expanded online course for Canvas LMS
  - Developed the course for the Blackboard LMS
- Psychopathology: Diagnosis and Treatment
  - Developed this revised and expanded online course for Canvas LMS
- Human Development,
  - Redesign for Canvas LMS
  - Redeveloped course in Blackboard Ultra LMS
  - Developed online course in Blackboard LMS
- Lifestyle Development & Career Counseling,
  - Redesign for Canvas LMS
  - Redeveloped online course in Blackboard Ultra LMS
  - Developed online course in Blackboard LMS

#### Academic Committee Memberships

- Academic Leadership Council
- Curriculum Committee
- Accreditation Oversight Committee
- Research Doctoral Admissions Committee
- SACSCOC Accreditation Steering Committee\* (\*past)
- Research Doctoral Oversight Committee\*
- Missions Committee\*

- Student Affairs Committee\*

## **PROFESSIONAL LICENSES & CERTIFICATIONS**

---

Licensed Professional Counselor, Approved Supervisor (LPC-S)

- Texas License (LPC) #17902 October 8, 2002-present
- Louisiana License (LPC-S) #3774 September 29, 2006-present
  - Board Approved Supervisor of Provisionally Licensed Counselors, September 2012-present
  - Board Privileged Telehealth Provider, 2020-present

National Certified Counselor (NCC), National Board of Certified Counselors

- Certificate #255663 April 2, 2009-present

## **PROFESSIONAL MEMBERSHIPS**

---

American Counseling Association (ACA), 2017-present

Louisiana Counseling Association (LCA), 2020-present

Christian Association for Psychological Studies (CAPS), 2015-present

American Association of Christian Counselors (AACC), 2013 – 2018, 2023-present

## **EDUCATION**

---

NEW ORLEANS BAPTIST THEOLOGICAL SEMINARY, New Orleans, LA

**Doctor of Philosophy (PhD) – Psychology & Counseling** – conferred Dec. 2013

Dissertation: *Coping Strategies of Evangelical Ministers: Self Report of Coping Behaviors as Related to Internalized Shame*

Doctoral Seminars

- Spirituality and the Emotional Health of the Minister (Independent Directed Study)
- Psychological and Counseling Approaches to Social Problems
- Baptist Origins in England and America (NOBTS Oxford Study Program, U.K.)
- Psychological Evaluation
- Biblical and Theological Foundations of Counseling
- Addictions: Theories, Research, and Treatment
- Contemporary Approaches in Counseling and Psychotherapy
- Psychopathology: Etiology, Diagnosis, and Treatments
- Counseling Supervision: Theory and Practice (post-doctoral study)

Supervised Reading Colloquia

- History and Systems of Psychology
- Psychopathology, Psychopharmacology, and Human Development
- Marriage and Family Theories and Therapies

- Integration, Professional Issues, and Research Methods in Counseling Psychology

NEW ORLEANS BAPTIST THEOLOGICAL SEMINARY, New Orleans, LA  
**Master of Theology (ThM) - Psychology & Counseling** – conferred May 2010

LAMAR UNIVERSITY, Beaumont, TX  
**Master of Education (MEd) - Counseling and Development** – conferred August 2000

TEXAS A&M UNIVERSITY, College Station, TX  
**Bachelor of Arts (BA) - History** (Minor: Business Administration) – conferred August 1991

### **SPECIALIZED TRAINING**

---

Graduate Certificate: Teaching for the Twenty-First Century – conferred July 2013, New Orleans Baptist Theological Seminary

- Graduate certificate focused on online course development, pedagogy for multiple course delivery systems, and advanced pedagogy

EMDR – Eye Movement Desensitization and Reprocessing trained clinician

- Completed EMDR basic training course and associated consultation (September 2016)

PREP – Prevention & Relationship Enhancement Program

- PREP 7.0 Trained (April 2012)

Prepare-Enrich Trained Facilitator

- Certification (October 2011)

### **ACADEMIC ADMINISTRATION**

---

NEW ORLEANS BAPTIST THEOLOGICAL SEMINARY

#### **Associate Dean, Division of Counseling**

June 2022-present

Serve as the chair of the division in leadership of the master's and doctoral-level academic programs and clinical training programs. Assumed full time Counseling Division leadership as the division finalized its application for CACREP accreditation (awarded at the January 2023 CACREP meeting).

#### **Academic Unit Leader, Division of Counseling**

August 2021-present

Increased my role in the counseling division to lead in the CACREP accreditation process

#### **Associate Vice President for Student Affairs**

August 2018 – June 2022

Cabinet-level senior administrator of the seminary. Oversight of Student Affairs, Student Life, Student Counseling, Recreation programs.

Administrative Committee Assignments

- President's Cabinet
- Student Affairs Committee (chair)
- Admissions Committee
- Research Doctoral Admissions Committee
- SACSCOC Accreditation Steering Committee
- Accreditation Oversight Committee

### **Dean of Students**

June 2008 – August 2018

Cabinet-level senior administrator of the seminary. Responsibilities included administration of Student Services, including the offices of Testing & Counseling, Student Life, Women's Programs, Recreation Programs, and Financial Aid. Supervising administrator for Student Enlistment.

## **MINISTRY AND PROFESSIONAL EMPLOYMENT**

---

Private Practice of Counseling & Clinical Supervision – New Orleans, LA

January 2015 – present

### **Counselor and Clinical Supervisor**

Board Approved Supervisor for Provisional Licensed Professional Counselors in Louisiana. Meet regularly in accordance with licensing board requirements with provisionally licensed counselors and supervise their counseling activities and professional development. Maintain a small private counseling practice.

New Orleans Baptist Theological Seminary– New Orleans, LA

### **Managing Director**, Providence Learning Center

February 2007 – June 2008

Directed seminary conferencing, non-credit continuing education programs, guest housing, and the coordination of seminary educational travel programs. Led numerous student trips to Israel, Greece, and Italy.

New Orleans Baptist Theological Seminary– New Orleans, LA

### **Purchasing Manager**

July 2006 – February 2007

Managed the seminary purchasing office. Responsible for campus purchasing and inventory management.

Buckner Baptist Benevolences – Beaumont, TX

July 2001 – July 2006

### **Chaplain and Counselor**

Chaplain and counselor for Buckner ElderCare Services and the Calder Woods Retirement Community owned and operated by Buckner Baptist Benevolences. Duties included counseling with residents, families, and staff, teaching, clergy relations, conducting chapel services and funerals, public speaking, conducting educational seminars.

Christian Counseling Center of Southeast Texas – Beaumont, TX

Oct. 2000 – Aug. 2004

**Professional Counselor**

General practice with focus in marriage and family counseling. Saw clients for various emotional and spiritual issues. The center is a ministry of First Baptist Church, Beaumont, TX.

Hospice of the Three Rivers/Odyssey Healthcare – Beaumont, TX

Feb. 2000 – July 2001

**Chaplain and Bereavement Coordinator**

Duties included patient spiritual assessment, grief and family counseling, staff support, support group facilitation, conducting funerals, design and implementation of bereavement follow-up program, supervision of clerical assistant and volunteers, and care planning.

HealthSouth Corporation – Beaumont, TX

July 1995 – Jan. 2000

**Business Development Associate**

Marketed rehabilitation, diagnostic, and surgical services to physicians and industry, conducted employee training, wrote news releases, and coordinated media events.

Surgical Specialist – Houston, TX

Jan. 1992 – July 1995

**Manufacturer's Representative**

Manufacturer's sales representative for several orthopedic surgical product lines. Provided technical assistance in the operating room for orthopedic procedures.

**COMMUNITY AND PROFESSIONAL SERVICE**

---

Louisiana Association of Independent Colleges and Universities (LAICU)

- Member of the LAICU Leads workgroup that developed the *LAICU Leads: Reopening Safe and Resilient Campuses* principles and guidance for the COVID-19 pandemic. (concluded)

Baptist Friendship House

- Director of Mental Health Services for this transitional housing ministry to women in crisis in New Orleans (concluded)

**PUBLICATIONS**

---

Garrett, J.C. and Shaffer, C.A. (2017). Congregational Polity, Religious Freedom, and a Nontraditional Student Body as Factors Affecting Financial Training. *Theological Education*, 51(1), 103–112.

Garrett, J.C. (2014). Stress, coping, and relationships in ministry. *Transformation*, 7(4), 1-3.

Garrett, J.C. (2013). *Coping strategies of evangelical ministers: Self-report of coping behaviors as related to internalized shame*. (Doctoral Dissertation). Available from ProQuest Dissertations and Theses database. (Order No. 3581257).

## **LECTURES & PROFESSIONAL PRESENTATIONS**

---

PRESENTATION: "An Ethics Refresher: Complaints, Codes, and Worldviews," Ouachita Baptist University, Conference on Issues in Christian Counseling, Feb. 23, 2024, Arkadelphia, AR

PRESENTATION: "Promoting Counselor Wellness in Supervision and Telehealth Provision" NOBTS Counseling Conference, November 3, 2023, New Orleans, LA.

PRESENTATION: "Gatekeeping as Counselor Educators and Supervisors." 2023 Louisiana Counseling Association Conference, October 10, 2023, Baton Rouge, LA. Co-presented with PhD candidate.

PRESENTATION: "An Ethics Refresher: Codes, Decision-Making, and Foundations," Ouachita Baptist University, Conference on Issues in Christian Counseling, Feb. 2023, Arkadelphia, AR

PRESENTATION: "Promoting Counselor Wellness in Supervision," American Counseling Association (ACA) Conference, April 9, 2022, Atlanta, GA. Co-presented with PhD candidate.

PRESENTATION: "An Integrative Approach to the Remediation of Student Trainees in Christian Counseling Programs," Christian Association for Psychological Studies, CAPS "Revived" Conference, March 26, 2021, virtual. Co-presented with PhD fellow.

PRESENTATION: "Promoting Counselor Wellness in Supervision," New Orleans Baptist Theological Seminary, New Orleans Christian Counseling Conference, Nov. 2020, New Orleans, LA. Co-presented with PhD student.

PRESENTATION: "Counseling Ethics: Contemporary Issues in Focus," Ouachita Baptist University, Conference on Issues in Christian Counseling, Feb. 2020, Arkadelphia, AR

PRESENTATION: "Anxiety: Clinical Practice, Community Interventions, and the Spiritual Factor," New Orleans Baptist Theological Seminary, New Orleans Christian Counseling Conference, Nov. 2019, New Orleans, LA

PRESENTATION: "Diagnosing Abuse: Where the DSM Helps and Where it Doesn't," New Orleans Baptist Theological Seminary, New Orleans Christian Counseling Conference, Nov. 2018, New Orleans, LA

PRESENTATION: "Ministers and Coping: Issues Facing the Shepherd." New Orleans Baptist Theological Seminary, New Orleans Christian Counseling Conference, Nov. 2017, New Orleans, LA

PRESENTATION: "Maintaining and Ethical Practice in Counseling," Ouachita Baptist University, Conference on Issues in Christian Counseling, Feb. 2017, Arkadelphia, AR

PRESENTATION: "Diagnosing Sexual Acting-Out: Sexually Addictive Behavior in Light of DSM-5 Criteria," New Orleans Baptist Theological Seminary, New Orleans Christian Counseling Conference, Nov. 2016, New Orleans, LA

PRESENTATION: "Ethical Considerations with Therapy-Resistant Clients," Ouachita Baptist University, Conference on Issues in Christian Counseling, Feb. 2016, Arkadelphia, AR

PRESENTATION: "Ethics: Considerations for Counseling and Supervision," Ouachita Baptist University, Conference on Issues in Christian Counseling, Feb. 2015, Arkadelphia, AR

PRESENTATION: "Soul Care and Ministry to Seniors," Association of Baptist Ministries for the Aging, National Conference, Feb. 2015, New Orleans, LA

PRESENTATION: "Anxiety: Clinical Practice, Community Interventions, and the Spiritual Factor." Ouachita Baptist University, Conference on Issues in Christian Counseling, Feb. 2014, Arkadelphia, AR

PRESENTATION: "Sexual Abuse in the Church: Offering an Appropriate Ministry Response." Ouachita Baptist University, Conference on Issues in Christian Counseling, Feb. 2013, Arkadelphia, AR

PRESENTATION: "Ministers and Coping: Issues Facing the Shepherd." Ouachita Baptist University, Conference on Issues in Christian Counseling, Feb. 2012, Arkadelphia, AR

PRESENTATION: "The Impact of the Internet and Internet Addiction on Marriages and Congregational Life." Ouachita Baptist University, Conference on Issues in Christian Counseling, Feb. 2011, Arkadelphia, AR

GUEST LECTURE: "Internet Pornography, Sexual Compulsivity, and the Minister." New Orleans Baptist Theological Seminary, Ministerial Ethics Course, 2009, 2010 New Orleans, LA

GUEST LECTURE: "Grief, Death, and Loss: Nursing and the Dying Patient." William Carey University College of Nursing, July 2007, Hattiesburg, MS

GUEST LECTURE: "Grief, Death, and Loss: Nursing and the Dying Patient." William Carey University College of Nursing, January 2007, New Orleans, LA

GUEST LECTURES: "Grief, Loss, and Dying: Implications for the Lay Chaplain." Episcopal Diocese of Beaumont, Community of Hope, bi-annually, 2004 - 2006, Beaumont, TX

PRESENTATION: "Soul Care and Ministry to Senior Adults." Buckner Baptist Benevolences, Social Worker & Recreation Director Training, 2005, Beaumont, TX



## **ORDINATION & LICENSURE**

---

Ordained Southern Baptist Minister – Ordained by First Baptist Church, Beaumont, TX  
Licensed Southern Baptist Minister – Licensed by First Baptist Church, Beaumont, TX  
Ordained Deacon – Ordained by First Baptist Church, Beaumont, TX

## **CHURCH SERVICE**

---

Member, First Baptist Church, Covington, LA, Jan. 2020-present  
Connect Group Leader/Teacher – Regular teacher of small group adult Bible study  
Deacon, First Baptist Church, New Orleans, LA  
Deacon (past chairman), Edgewater Baptist Church, New Orleans, LA  
Deacon, First Baptist Church, Beaumont, TX  
Premarital Counseling, Periodic counseling for students and church members  
Small Group Leader and Home Group Host, Edgewater Baptist Church  
Pulpit supply, guest preaching, weddings, and funerals on a periodic basis

## **REFERENCES**

---

Available upon request